

Omega-3 with Vitamin D₃



Inspired by Real Food Technology® solutions, our **Omega-3 with Vitamin D₃** provides the essential fatty acids your body needs to maintain good health, especially brain, heart and bone health.*

Helps support **cardiovascular and heart health**.*

Helps support **brain health and function**.*

Helps maintain a healthy **immune system** and support a **healthy inflammatory response**—a key contributor to good health.*

Provides **support for healthy triglyceride levels** already within normal levels.*

Vitamin D is essential for calcium absorption.*

A Fat Your Body Needs

There are good fats and bad, but omega-3 fatty acids are a fat that you absolutely must have. Did you know that adding omega-3s to your diet has been identified as one of the 12 modifiable behaviors that can contribute to increased longevity?† Doctors, scientists and nutritionists all agree: omega-3 is crucial for wellness. No wonder it's the number-one selling supplement in the U.S. for brain and heart health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Omega-3 is considered essential because the body can't produce it—you can only get it from diet or supplements. Mannatech's Omega-3 with Vitamin D₃ is the best choice, with:

Over 1,000 mg of highly concentrated EPA and DHA per serving.

Made from one of the highest-quality fish oils available, for ultra-purity.

Pleasant lemon flavor in an easy-to-swallow gel capsule.

830 IU of vitamin D₃, a natural and preferred source of vitamin D.

†Danaei, G., Ding, E.L., Mozaffarian, D., et al. The preventable causes of death in the United States: comparative risk assessment of dietary, lifestyle, and metabolic risk factors. *PLoS Med* 2009; 6(4): e1000058.

Omega-3 with Vitamin D ₃	Product Number	Member Price	Associate Price
60 Capsules	16601	\$29.82	\$28.25

Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 2 capsules Servings Per Container 30		
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	3 mg	1%*
Vitamin D ₃ (as cholecalciferol)	830 IU	208%
Omega-3 Fatty Acids	1110 mg (1.11 g)	†
EPA (Eicosapentaenoic Acid)	660 mg	†
DHA (Docosahexaenoic Acid)	450 mg	†

* Percent Daily Values are based on a 2,000 calorie diet
† Daily Value not established.

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Other ingredients: Purified fish oil concentrate, Kosher gelatin, glycerin, water, natural lemon flavor, mixed tocopherols (antioxidant to preserve freshness).

Contains: Anchovies and sardines.

Recommended adult use: Take two capsules once daily with 8 fl oz water or other liquid.

Please read the product labels for detailed information.

