

The PLUS tablets include a unique blend of standardised nutrients including phytohormones, plant-based steroidal saponins, and glyconutrients to help maintain good health.



90 Tablets  
Product Number 11102

### About our PLUS tablets:

A blend of plant carbohydrates and herbs.

The PLUS tablets are designed to promote general well-being which is achieved through Mannatech's formulation of dioscorea and Ambrotose® complex.

Relief of menstrual symptoms (pain and cramps)\*

Mexican wild yam had traditionally been used in American folk medicine for the relief of muscular cramps and spasms.

A vital component of the Real [5] for Life<sup>SM</sup> products, our PLUS tablets provide the nutritional support you need to help maintain optimal health.

\* If symptoms persist consult your healthcare practitioner.

### Balance your life and feel the difference.

Mannatech's PLUS tablets have one of the highest concentrations of natural plant-based phytosterols on the market today. These come from *Dioscorea villosa*, or true Mexican wild yam, a plant that produces high-quality plant-based oestrogens.

#### Ingredients:

Proprietary plant polysaccharide blend\*\* (*Aloe barbadensis* inner leaf juice dry, tragacanth, ghatti gum) *Dioscorea villosa* extract, tableting aids.

**Recommended use:** Adults: Take one tablet three times daily. USE ONLY AS DIRECTED.

If symptoms persist consult with your healthcare practitioner.

\*\*Ambrotose Complex

**AU Patent No. 734, 183, and 775, 848**

**NZ Patent No. 334, 021 and 508, 500**