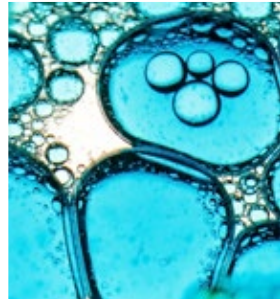


PRODUCT GUIDE



TRANSFORM YOUR WELLNESS



MANNATECH.

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CUSTOMER CARE

(Toll Free)

Monday – Friday

9:00 am – 5:00 pm SAST

Closed Saturdays and Sundays

Last Day of BP

9:00 am – 12:00 am SAST

For orders by phone:

South Africa:

011 615 0188

After 4PM SAST

US: **0800981117**

For online orders or to learn more,

visit: **mannatech.com**

24 hours a day, 7 days a week



Dairy Free



Soy Free



Vegan Friendly



Vegetarian Friendly



Low Glycemic

NO Artificial Flavors/Colors

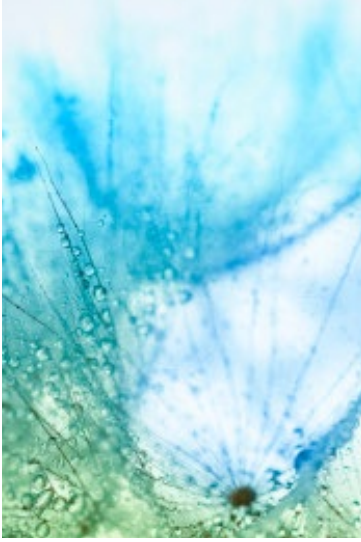
NO MSG

K Kosher

GLUTEN FREE Gluten Free

NSF NSF International

NFM Mission 5 Million



ABOUT MANNATECH

A PASSION FOR PEOPLE, WELLNESS AND OPPORTUNITY

Improving the health and wellness of people worldwide has been Mannatech's commitment for more than 20 years, with people all over the world benefitting from using and sharing our life-changing products. In fact, we're so passionate about them that we've participated in multiple clinical studies and have over 100 patents to protect our core revolutionary formulas. Backed by science and our unwavering commitment to quality, we provide an industry-best 90-day, money-back guarantee on all of our products. Plus, our unique social model provides vital nutrition to malnourished children with each purchase. You'll see and feel the difference that you can make with Mannatech.

Science That Transforms

There are trillions of cells in your body, and scientists learned long ago that these cells communicate with one another. They know when they need nourishment, protection, repair and even destruction. When cells don't receive proper nutrition, whether from age, diet or other environmental factors, they don't communicate well. But with the right kind of nutrition, your body can do amazing things—whether that's simply having the energy and health for daily life, or for tackling much bigger goals and challenges.

In fact, Mannatech is the pioneer of groundbreaking technology that's revolutionising nutrition, immune health, weight loss, skincare and more. Called Glyconutrition, it provides targeted nourishment for your cells through specialised ingredients derived from plants.

Studies have shown that Glyconutrients are often inadequate in typical modern diets, so it can be important to receive them from other sources, like many of our products.

Real Food for Real Bodies

Ask anyone what fuels the human body, and they will tell you “food.” Unfortunately, not everything we consume is actually considered real food. That's where Mannatech comes in to help fill the gap. Many of our products are created using Real Food Technology® solutions, an innovative and scientific method of “capturing” nutrition from nature to create extraordinary, food-based products. With Mannatech, it's good to know you're putting supplements made with real food in your body.

Do You Know About Our Patents?

The technology supporting some of our core products has received more than 100 patents in major global markets. As the pioneer in Glyconutrition, we currently sell proprietary products in 25 countries, exclusively through our network of Mannatech Associates.



Stay Healthy with Automatic Order!

Not only does our Automatic Order Programme keep you stocked with your essentials for health, it saves you money!

We've found a way to reward you even more for your commitment to your wellness. It's called the Mannatech Loyalty Programme, and it's your ticket to earning points when you automatically receive products.

What's the Mannatech Loyalty Programme?

With every purchase you make on Automatic Order, you'll earn Loyalty Points that equal 20% of your order. They can be used to redeem free product!

Here's How It Works:

Let's say you place an Auto Order for R1,000 for three Business Periods in a row.



You can then redeem those points for R600 worth of free product!

Get Started Today!

Just sign in at Mannatech.com, and click the "Enrol Now" button near the top of the page. Or call 0116150188 (Z.A.) or 0800981117 (after 4pm) to start earning points now!



INTEGRATIVE HEALTH

Focus on your overall wellness with natural and plant-sourced products that contain specialised nutrients that supplement the body, mind and spirit to help keep you healthy.

Advanced Ambrotose®

AMAZING THINGS HAPPEN WHEN YOUR CELLS COMMUNICATE

You have over 37 trillion cells that are constantly passing signals back and forth—and if any of these signals are weak or faulty, the result can be a weakened immunity. Advanced Ambrotose supports cell-to-cell communication and a healthy immune system with a potent blend of specialised ingredients that can help keep you healthy.

Third-party clinical trials indicate the following benefits for Ambrotose powders:*

- May enhance recall and recognition memory.
- May improve mood and decrease irritability.
- Supports your immune system as well as proper organ function.
- Helps support proper digestive system function.
- Promotes gastrointestinal health.
- Supports cell-to-cell communication through a blend of specific plant saccharides called Glyconutrients.



*Mannatech funded and/or donated the product for these studies.

Find more product info at mannatechscience.org



Ambrotose® Complex

EVERYTHING YOU WANT IN ONE SUPPLEMENT

Immune support? Check. Help for organs and digestion? It's in there. Improved brain function so you can enjoy those memories? Of course. Ambrotose complex is clinically shown to help all of them so you can keep living in good health.

Third-party clinical trials indicate the following benefits for Ambrotose powders:*

- May enhance recall and recognition memory.
- May improve mood and decrease irritability.
- Supports your immune system as well as proper organ function.
- Helps support proper digestive system function.
- Promotes gastrointestinal health.
- Supports cell-to-cell communication through a blend of specific plant saccharides called Glyconutrients.



*Mannatech funded these studies and/or donated the product



NUTRITION THE WAY YOUR BODY WANTS IT

It's been proven that most of us consume foods that don't provide the nutrients we need. So bolster your diet with NutriVerus powder, which provides the important vitamins, minerals, antioxidants and Glyconutrients your body craves and fills in where your food falls short.

This whole-food blend:

- Offers antioxidant and immune system support.
- Supports brain health.
- Helps protect your cardiovascular system.
- Supports healthy digestion.
- Helps your body maintain energy levels.
- Provides a natural, food-sourced vitamin/mineral complex for maximum absorption.
- Supports cell-to-cell communication through a blend of specific plant saccharides called Glyconutrients.



Find more product info at mannatechscience.org



PhytoMatrix®

NOURISHMENT WITHOUT THE ROCKS

This may be a shock, but many supplements are made from petrochemicals or minerals extracted from ground up rocks. PhytoMatrix, however, is created with naturally sourced, real-food vitamins and minerals that support the heart, immune system and more to help keep you healthy and alert.

These nutrient-dense caplets:

- Provide a natural, food-sourced vitamin/mineral complex for maximum absorption and digestion.
- Support heart health.
- Offer antioxidant and immune system support.
- Support the production of energy with B vitamins.



Ambrotose AO®

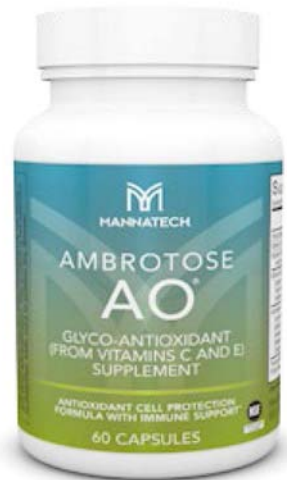
FIGHT BACK AGAINST POLLUTION, TOXINS AND STRESS

Ambrotose AO is loaded with naturally sourced vitamins C and E to protect cells, boost immune support and help the body guard against oxidative stress so you can keep living well.

Just two capsules a day are clinically proven to provide over 2 1/2 times more antioxidant protection than five servings of fruits and vegetables.*

These capsules:

- Protect your cells with water- and fat-soluble antioxidants.
- Help the body guard against oxidative stress with antioxidant-rich nutrients.
- Offer additional immune support.
- Provide effective defense against free radicals.



*Comparison of serum ORAC values obtained in two separate clinical studies funded by Mannatech.

Find more product info at mannatechscience.org



HEALTHY SUPPORT FOR YOUR HORMONES

When you're not quite you, a faulty endocrine system may be the problem. Help keep it healthy with our PLUS caplets formulated with a unique blend of nutrients that support balanced health to keep your spirits high.

Formulated with a unique blend of ingredients, like those found in Wild Yam root, our PLUS caplets:

- Support breast, prostate, bone and colon health.
- Support the health of the immune, nervous and cardiovascular systems.
- Are formulated to keep your endocrine system healthy.
- Are a source of plant sterols.



Optimal Support Packets

CONVENIENT WELLNESS ON THE GO

No more worrying about which pill to take and when. Stay healthy wherever you are with our Optimal Support Packets—filled with three of our core products to give you the foundation of optimal wellness while you’re on the go.

PhytoMatrix (2 caplets)

Delivers:

- Natural vitamin complex.
- Plant-sourced minerals.
- Standardised phytonutrients.

PLUS (2 caplets)

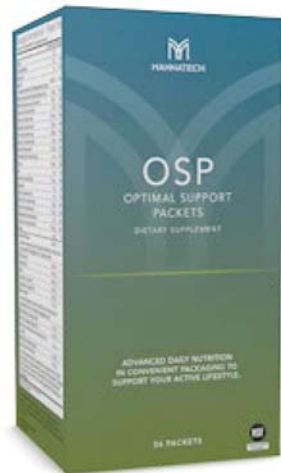
Includes nutrients that help support:

- Breast, prostate, bone and colon health.
- The natural function of the endocrine, immune, nervous and cardiovascular systems.

Ambrotose AO (1 capsule)

Formulated with antioxidants to protect cells against:

- Toxins.
- Environmental stress.
- Poor diet.
- Daily physical stress.
- Oxidative stress.



Find more product info at mannatechscience.org



IRRESISTIBLY TASTY GLYCONUTRIENTS

Sometimes you have to trick kids (and adults!) into choosing healthier snacks. But delicious MannaBears are specially formulated to deliver Glyconutrients and nutrition to young people during their growing years while being tasty too.

Our chewy MannaBears:

- Deliver a specially formulated Glyconutritional blend, along with 11 dehydrated fruits and vegetables, including pomegranate juice concentrate powder.
- Deliver antioxidant support.
- Are designed specifically for youngsters, but loved by all ages!



A MULTIVITAMIN WITH A KICK

Most of the time, other multivitamins aren't enough. Catalyst supplies your body with an abundant amount of vitamins, minerals and antioxidants to support your body's energy levels while providing fat-loss support.

Keep your wits with our caplets that:

- Are specially formulated to support already healthy blood sugar levels.
- Deliver vitamin and mineral support for a healthy body.
- Are formulated to provide fat-loss support.
- Support bone and nervous system health.
- Help maintain a normal, already healthy, metabolic rate, energy levels, digestion, immune system, nerves, kidneys, bones, teeth, gums, joints, skin, hair and eyes.
- Provide 100% or more of the Daily Value of vitamins A, D and E; and B complex vitamins, such as thiamin (B₁), riboflavin (B₂), niacin (B₃), pantothenic acid (B₅), B₆, folic acid (B₉) and B₁₂; as well as calcium, magnesium, alpha-lipoic acid, choline, selenium, manganese, zinc and chromium.



Find more product info at mannatechscience.org





TARGETED HEALTH

Give your body an extra edge with these products designed to target specific areas and provide additional nutrients that help support body system health.[†]

[†]Benefits vary by product.

Omega-3 with Vitamin D₃

KEEP YOUR BONES AND HEART STRONG

This mighty supplement provides an abundance of omega-3 fatty acids and vitamin D₃ in order to support cardiovascular, bone, brain and immune health—so the only thing you break is barriers.

Omega-3 fatty acids are essential because the body can't produce it—you can only get it from diet or supplements.

Mannatech's Omega-3 with Vitamin D₃:

- Has a pleasant lemon flavour in an easy-to-swallow gel capsule.
- Helps support cardiovascular and heart health.
- Helps support brain health and function.
- Helps maintain a healthy immune system and support a healthy inflammatory response—a key contributor to good health.
- Provides support for healthy triglyceride levels already within normal levels.
- Supports calcium absorption.
- Has over 1,000 mg of highly concentrated EPA and DHA per serving.
- Is made from one of the highest-quality fish oils available, for ultra-purity.
- Has 830 IU of vitamin D₃, a natural and preferred form of vitamin D.



LEND A HAND TO YOUR IMMUNITY

Problems with stress, bad diet and poor sleep habits aren't helping your immune system. Packed full of nutrients, ImmunoSTART tablets help stimulate and support the body's natural immune response to help you live to the fullest.

These tablets:

- Help build, support and nurture immune system health.
- Are engineered with a targeted array of nutrients, including bovine colostrum and lactoferrin, that work to stimulate and support the body's natural immune response.
- Increase plasma levels of neutrophil precursors. (Neutrophils are the most abundant immune cells and form an integral part of the immune system).

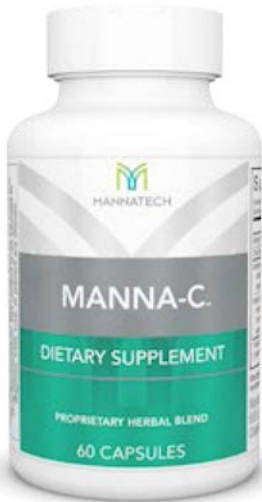


GIVE YOUR HEALTH A BOOST

Stress can weaken your immune system. But Manna-C capsules help support your body's immune response with natural sources of vitamin C, so your health can be one less thing to worry about.

These capsules:

- Are formulated to help support a healthy immune system.
- Include classic Ambrotose complex, along with Wild Bush Plum and Acerola fruit extract, both natural sources of vitamin C.
- Contain an herbal blend with a natural plant source of vitamin C for the maintenance of good health.



Find more product info at mannatechscience.org



NATURALLY RECOVER FASTER

Some days you need to be more active without the soreness. BounceBack capsules aid your body's natural recovery process and ease the delayed onset of muscle soreness (DOMS) so you can get back your freedom.

When taken daily, over time, BounceBack capsules can:

- Help reduce muscle pain and stiffness due to overexertion or physical activity.
- Aid the body's natural recovery process.
- Support optimal joint and cartilage health.
- Provide immune system support.
- Deliver antioxidant support.



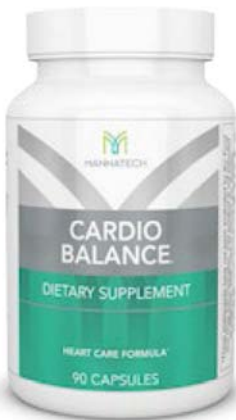
CardioBALANCE®

NOURISH EVERY BEAT OF YOUR HEART

Many of us don't get enough nutrients to keep our heart healthy. CardioBALANCE capsules help maintain blood vessel and cardiovascular health with the proper amount of B₆ and B₁₂ vitamins for long-term wellness.

Take care of your ticker with capsules that:

- Provide nourishment for cardiovascular health through vitamins, magnesium and other heart-healthy ingredients.
- Help maintain homocysteine levels that are already within normal range.
- Include folic acid and L-arginine, which is thought to increase nitric oxide production—essential in maintaining blood vessel health—as well as CoQ10, which is often depleted by cholesterol-lowering drugs.
- Supply 100% or more of the Daily Value of important nutrients, including vitamin C, vitamin E, vitamin B₆, vitamin B₁₂ and folic acid.



Find more product info at mannatechscience.org



GI-ProBalance®

A HAPPY GUT MEANS A HEALTHY IMMUNE SYSTEM

About 70% of your body's immune system is located in the digestive tract. That's why the probiotic blend in GI-ProBalance contains a variety of helpful bacteria that can help support the digestive and immune systems for a happy gut and body.

These specially formulated slimsticks:

- Support a natural balance of good bacteria to maintain healthy digestion.
- May guard against occasional intestinal disturbances and prevent occasional digestive upsets.
- Promote natural immune function.
- Contain 1.5 billion CFU guaranteed at time of expiration.



HELP IMPROVE YOUR DIGESTION

If you have a hard time processing certain foods, GI-Zyme capsules can help improve digestion and nutrient absorption by creating enzymes needed so you'll have a healthy gut.

GI-Zyme is formulated to:

- Help improve digestion.
- Assist in breaking down proteins, fats and carbohydrates.
- Help ensure that the maximum level of nutrient absorption is attained.
- Provide enzymes functioning at a wide range of pH activities (pH 1.0 – pH 8.0).



Find more product info at mannatechscience.org



GET RID OF THAT SLUGGISH FEELING

A sluggish feeling can mean your digestive tract isn't working its best. So help ensure the natural health of your gut with MannaCLEANSE caplets that help support a healthy environment in the intestinal tract so you can feel amazing.

Our MannaCLEANSE caplets are designed to help the body's lower digestive tract by:

- Supporting the natural ecology of the intestines.
- Supporting the body's abilities to fully break down food particles.
- Combining natural fibres, herbs, fatty acids and probiotics to help provide a healthy environment for the intestinal tract.
- Supplying oat bran, psyllium and plant cellulose.
- Supplying herbs like ginger root, rosemary and peppermint.
- Furnishing the intestinal tract with classic Ambrotose complex, fatty acids, digestive enzymes and beneficial microflora.

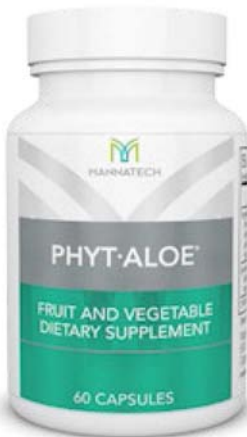


YOU'RE NOT GETTING ENOUGH FRUITS AND VEGETABLES

Eating the recommended 7–10 servings of fruits and veggies each day is tough. But just one serving of Phyt•Aloe includes a formulated blend of 12 dehydrated raw fruits, veggies and Ambrotose complex to help you get closer to your recommended amount every day.

Each serving contains dehydrated:

- Broccoli
- Carrot
- Kale
- Turnip
- Brussels sprout
- Cauliflower
- Onion
- Papaya
- Cabbage
- Garlic
- Tomato
- Pineapple



Find more product info at mannatechscience.org



Manna Tea™

THE TEA WITH A BOOST

Your afternoon tea time just got healthier. Manna Tea is a delicious herbal drink, designed to provide a natural source of energy and a dose of antioxidants to pick you up when you feel down.

Each serving of Manna Tea:

- Provides a natural source of energy.
- Can increase the heat production process in your body to potentially boost metabolism.
- Contains powerful antioxidants.
- Contains beneficial ingredients found in green and black tea.
- Contains aloe vera gel called Manapol®, an exclusive ingredient to Mannatech with extraordinary benefits.





WEIGHT + FITNESS

Get fit and lose fat with our products that are formulated to help you go that extra mile—and look amazing doing it.*

*Benefits vary by product.

EM•PACT®

AMP UP YOUR EXERCISE

Say goodbye to wasted days at the gym with EM•PACT drink mix. This citrus energy drink contains electrolytes, potassium and magnesium to help improve athletic endurance without the hindrances of caffeine or gluten.

In a randomised, double-blind crossover human clinical trial, EM•PACT drink mix:*

- Helps prevent workout fatigue due to dehydration or lack of carbs.
- Provides medium-chain triglycerides that fuel your muscles and supply energy.
- Enhanced three out of four indicators of aerobic performance.
- Provided fuel and biochemicals clinically shown to enhance cardiorespiratory fitness and improve endurance.



*Mannatech-funded clinical studies.



FIGHT THE FLAB

Sometimes when you lose weight, you're also losing precious muscle. Fight flab and maintain lean muscle with our clinically proven OsoLean whey protein supplement that can help you sustain a high metabolism and body strength.

Our delicious and all-natural OsoLean powder helps:*

- You lose fat while maintaining lean muscle.
- Improve lean mass-to-fat ratio.
- You feel full with advanced whey protein.



*When combined with the OsoLean Plan and exercise.



AVOID THE CRASH

If working out is wearing you down, SPORT capsules are made from a blend of herbs and herbal extracts to help maintain normal blood sugars so you can stay active during and after the gym.

Get the most out of exercise with SPORT capsules that:

- Help maintain existing normal blood sugar levels and support carbohydrate utilisation.
- Contain a proprietary blend of herbs and herbal extracts.
- Are a plant sterol supplement formulated with a combination of classic Ambrotose complex and Wild Yam.



AmbroStart®

NATURALLY FUEL YOUR DAY

Ditch unnatural energy drinks and stay alert during the day with our AmbroStart drink mix formulated with medium-chain triglycerides that deliver natural energy for a boost of vitality.

Delicious AmbroStart drink mix:

- Includes medium-chain triglycerides that are readily broken down into short-chain, free fatty acids that can be used as fuel for muscles.
- Is a good source of fibre.
- Helps support a healthy immune system.



GlycoSlim®

BEAT YOUR HUNGER AND REDUCE WEIGHT

If you're in the habit of working through lunch or looking to lose weight, satiate your busy self with our nutritionally balanced GlycoSlim drink mix designed to help you lose weight and keep you satisfied on the go.

Our yummy GlycoSlim powder:

- Helps you feel satisfied.
- Is low glycaemic.
- Includes essential fatty acids (beneficial fats) you need for optimal health.



TruPLENISH™ Nutritional Shake

TAME YOUR CRAVINGS

Take back your life while giving your body what it needs with our TruPLENISH Nutritional Shake. It leaves you feeling full and provides vital nutrients to keep your mind off food while you lose the fat.

The TruPLENISH Shake helps:

- Support healthy weight management.
- Support maintenance of lean muscle.
- Promote healthy digestion.
- Support a healthy body composition.
- Reduce feelings of hunger with 20 grams of plant-based protein.





SKINCARE

Find out how naturally beautiful your skin can be with our products that combine the finest natural ingredients with the most advanced technologies for healthy, happy skin.

3-part
system



Uth™ Skincare System

YOUTHFUL-LOOKING SKIN IN 3 SIMPLE STEPS

Introducing the perfect fusion of science and nature with a holistic approach to healthy, youthful-looking skin. Cleanse, Revive and Moisturise—three simple steps and a few minutes every day will keep your skin looking and feeling great.



CLEANSE and nourish your skin to restore it to its smooth, youthful appearance.

REVIVE for greater skin luminosity and even skin tone.

MOISTURISE to hydrate and keep the skin supple.

Use these products together to reap the maximum benefits and enhance the age-defying process.

Benefits: Mannatech's skincare technologies are based on some of the finest natural ingredients in the world. High-quality plant-based ingredients have been selected to provide unique moisturising and age-defying benefits.

The best solution to reduce ageing of the skin is to stay away from free-radical producers, use sun protection and eat a healthy diet. However, the use of topical antioxidants and natural moisturisers, such as those found in this system, can help protect the skin from free radicals and minimise signs of ageing.*

*In eight-week clinical trials of Uth Rejuvenation Crème conducted by Thomas J. Stephens & Associates, participants saw a reduction in the appearance of fine lines and wrinkles and an improvement in the evenness of the skin's tone and in its firmness and elasticity.



Uth™ Facial Cleanser

GENTLE CLEANSER, NATURAL EXFOLIATOR

Feel the beauty of smoother, more youthful-looking skin with our gentle foaming Facial Cleanser. Formulated with finely milled grape seeds, it cleanses to help your skin feel smooth and polished, so you reveal your best self every single day.

1

CLEANSER



Benefits:

- Improves skin's texture and makes skin more smooth.
- Deep cleans pores and effectively removes dirt, oil and make-up.
- Cleanses and exfoliates skin, leaving it feeling clean and polished.
- Reduces dead skin cells on the skin's surface.
- Hypoallergenic and does not clog pores.

Directions: Use morning and night. Apply cleanser into the palm of one hand. Add water and massage hands together to create light foam. Gently massage foam onto face, neck and décolleté in upward circular motions. Rinse well with lukewarm water.



Uth™ Skin Rejuvenation Crème

UNVEIL YOUR RADIANT BEAUTY

Release your body's natural ability to support beautiful, healthy skin with the help of Glyconutrients and a new, patented microsphere delivery system formulated to nourish your skin in a time-released pattern.

Benefits:

- Penetrates each layer of skin to help reduce the appearance of fine lines and wrinkles.†
- Provides firmness, radiance and luminosity.†
- Developed to deliver naturally sourced Glyconutrients, herbal components and Manapol® powder to the deepest layers of the skin.
- Includes naturally sourced glycans to help your cells communicate with each other.
- Includes proprietary herbal components to help fortify the skin matrix, increase the production of proteins and help protect against damage associated with ageing.
- Hypoallergenic, paraben-free, does not clog pores and is safe for use around the eyes.

Directions: After cleansing with your Mannatech Uth Facial Cleanser, apply Uth Skin Rejuvenation Crème to skin morning and night. Starting at the base of the neck, stroke upward covering the entire neck and face area.



†Results and timing vary. It is recommended to use product for eight weeks for optimal results.



Uth™ Moisturizer

ADD IN MOISTURE, SUBTRACT THE YEARS

For the ultimate in hydration, nourish and smooth your skin with our Uth Moisturizer. Formulated with lavender extract and sunflower seed oil for long-lasting moisturisation, it also contains rich myrtle leaf extract, a botanical known to help reduce the appearance of fine lines and wrinkles.



Benefits:

- Reduces the appearance of fine lines and wrinkles.†
- Provides all day hydration, improves skin texture and tone.†
- Hypoallergenic and does not clog pores.†

Directions: After the Uth Skin Rejuvenation Crème is absorbed, apply Uth Moisturizer to the delicate area around the eye and to the face, neck and décolleté.



†Results and timing vary. It is recommended to use product for eight weeks for optimal results.



THE PERFECT ACCESSORY TO ANY OUTFIT—BEAUTIFUL SKIN

Mannatech's Emprizone gel contains gentle botanical ingredients to soothe minor cuts, scrapes and irritations. This unique formula will leave your skin feeling hydrated and refreshed.

Benefits:

- Significantly reduces redness due to irritation.†
- Improves resiliency.†
- Hydrates skin.
- Evens skin tone.†
- Improves elasticity and firmness.†
- Soothes.
- Balanced pH-levels.
- Paraben-free.
- Allergy tested.
- Dermatologist tested.
- Fragrance-free.
- Free of mineral oil.

Directions: Apply at least once daily to face, hands or other desired areas. For external use only. Do not put in eyes or on open wounds.



†In a small, Mannatech-funded clinical trial after 4 weeks of use.



FIRM with Ambrotose®

SOOTHE YOUR WHOLE BODY WITH RICH MOISTURISING CREAM

Created with herbal principles, our FIRM with Ambrotose body crème leaves your skin feeling refreshed, hydrated and soft.



Benefits:

- Hydrates and soothes.
- Suitable for all skin types.
- Will not clog pores (non-comedogenic).
- Mild formula.
- Paraben-free.
- Tested by a dermatologist and for allergies.

Directions: Apply generously to legs, arms, stomach and hips daily or as needed. For external use only. Do not use in eye area.





HOME LIVING

Take care of your household with our line of products designed to make your home a peaceful haven that supplements your wellness.

Essential Oils System

HAVE A HEALTHY HOME



MANNATECH
ESSENTIAL OILS

Although it's important to take care of your body, we also believe it's essential to create a harmonious setting where you live that contributes to your overall wellness.

That's why we created products suited to turning your home into a haven of good health with pleasant botanical aromas to suit any mood.

Take a look through the next few pages to embark on a journey through fragrances that can calm, revive, cleanse, refresh and relax. Everything you need for a peaceful, healthy home.

Live life naturally with our essential oils that are an effective alternative to additives found in many household products. Use daily in a diffuser, topically or around the home to simplify your life—naturally.

Our essential oils are:

- Free of solvents, synthetics and preservatives.
- Not made with genetically modified DNA.
- Never tested on animals.

You'll find several essential oil kits available on page 55.



Individual Essential Oils

EMBRACE WHAT'S REAL

No. 1 Protective Blend is formulated to guard your overall health with an aromatic fragrance that keeps you smelling and feeling great.

Lavender essential oil delivers a calming scent that's ideal for de-stressing or for a peaceful ambiance.

Peppermint essential oil revives your spirit and rejuvenates your atmosphere to give you a feeling of freshness.

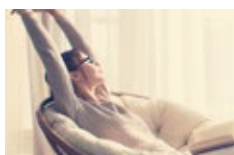
Lemon essential oil refreshes the body and mind with citrus aromas, giving you a feeling of renewed vitality.

Orange essential oil relaxes and relieves with a citrus smell that can calm the nerves.

Eucalyptus essential oil refreshes with sweet smells of nature that permeate to stimulate the skin and senses.

Frankincense essential oil helps you find your emotional balance so you can get back the day feeling recharged.

Calming Blend essential oil helps you find peace of mind physically and mentally with the knowledge that children living in poverty are being helped.



Carrier Oils

EXPERIENCE THE FRAGRANCE OF NATURE

Combined with your favorite essential oils, our unique carrier oils allow you to create your own botanical fragrance that gives your skin a heavenly aroma.

Carrier oils:

- Do not evaporate or have a strong aroma, making them an excellent medium for reducing the concentration of the essential oil without altering its qualities.
- Have moisturizing properties that help give your skin a healthy glow.
- Can be used to dilute essential oils so they can be applied topically.

Fractionated Coconut and Aloe carrier oil hydrates and conditions dry, sensitive skin to leave you feeling luminous.

Sweet Almond and Aloe carrier oil has a slow absorption and soothing properties that leave your skin hydrated and refreshed.



Diffuser

BRING PEACE TO YOUR DAY

Whether you're ending your day, or just starting it, our Serenity Diffuser lets you experience the healthy benefits of essential oils while you enjoy a piece of quiet.

The Serenity Home Diffuser:

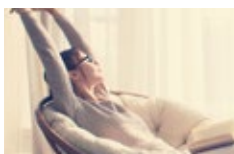
- Functions as a humidifier, atomizer and aroma diffuser in one simple-to-use product.
- Is custom designed with a built-in safety system that automatically shuts-off when the diffuser runs out of liquid.
- Provides soothing ambient light.

Features

- 600 ml (about 2.5 cups) reservoir capacity
- 10+ hours operating time
- 600 sq. foot coverage
- Adjustable mist output
- Nightlight underneath base
- Portable water tank for easy refilling



Diffuser Dimensions: Approx. 7.5" wide x 8" tall



Mannatech Product Price List

| INTEGRATIVE HEALTH | ITEM NO. | RETAIL PRICE | PREFERRED CUSTOMER/ ASSOCIATE PRICE |
|-------------------------------------|-------------------|--------------|-------------------------------------|
| Advanced Ambrotose | 33317 (60 g) | R1000.00 | R825.00 |
| | 33217 (120 g) | R1805.00 | R1,495.00 |
| | 37017 (120 caps) | R585.00 | R485.00 |
| Ambrotose Complex | 35101 (60 caps) | R475.00 | R390.00 |
| | 37101 (100 g) | R1860.00 | R1,550.00 |
| NutriVerus | 34317 (150 g) | R725.00 | R650.00 |
| PhytoMatrix | 11201 (120 caps) | R585.00 | R485.00 |
| Ambrotose AO | 12701 (60 caps) | R585.00 | R485.00 |
| PLUS | 11101 (90 caps) | R475.00 | R390.00 |
| Optimal Support Packets | 19801 | R1625.00 | R1,350.00 |
| MannaBears | 13501 | R380.00 | R315.00 |
| Catalyst | 12001 (120 caps) | R600.00 | R495.00 |
| TARGETED HEALTH | | | |
| Omega-3 with Vitamin D ₃ | 16617 (60 caps) | R420.00 | R340.00 |
| ImmunoSTART | 12301 | R520.00 | R430.00 |
| Manna-C | 39101 | R475.00 | R390.00 |
| BounceBack | 23001 (60 caps) | R630.00 | R520.00 |
| CardioBALANCE | 10401 (90 caps) | R585.00 | R485.00 |
| GI-ProBalance | 36217 | R355.00 | R315.00 |
| GI-Zyme | 13201 (90 caps) | R520.00 | R430.00 |
| MannaCLEANSE | 36101 (120 caps) | R475.00 | R390.00 |
| Phyt•Aloe | 15101 (60 caps) | R475.00 | R390.00 |
| Manna Tea | 29017 | R500.00 | R410.00 |
| WEIGHT + FITNESS | | | |
| EM•PACT | 19301 | R475.00 | R395.00 |
| OsoLean | 22101 | R575.00 | R500.00 |
| SPORT | 12101 | R420.00 | R345.00 |
| AmbroStart | 35001 | R900.00 | R750.00 |
| GlycoSlim | 11601 (vanilla) | R490.00 | R410.00 |
| TruPlenish | 16217 (chocolate) | R900.00 | R765.00 |
| | 16317 (vanilla) | R900.00 | R765.00 |

All prices are current at the time of print but may be subject to change. Please see za.mannatech.com for any updated pricing.

| SKINCARE | ITEM NO. | RETAIL PRICE | PREFERRED CUSTOMER/ ASSOCIATE PRICE |
|-----------------------------|----------|--------------|-------------------------------------|
| Uth Facial Cleanser | 42317 | R530.00 | R425.00 |
| Uth Skin Rejuvenation Crème | 23417 | R1605.00 | R1,280.00 |
| Uth Moisturizer | 42017 | R820.00 | R655.00 |
| Emprizone | 17101 | R485.00 | R400.00 |
| FIRM with Ambrotose | 13101 | R485.00 | R400.00 |

HOME LIVING

INDIVIDUAL ESSENTIAL OILS

| | | | |
|---------------------|-------|----------|-----------|
| No. 1 15 ml | 17517 | R460.00 | R395.00 |
| Lavender 15 ml | 13317 | R350.00 | R300.00 |
| Peppermint 15 ml | 14517 | R260.00 | R210.00 |
| Orange 15 ml | 17317 | R220.00 | R170.00 |
| Eucalyptus 15 ml | 14617 | R220.00 | R170.00 |
| Frankincense 15 ml | 45517 | R1175.00 | R1,100.00 |
| Calming Blend 15 ml | 46817 | R560.00 | R470.00 |

CARRIER OILS

| | | | |
|----------------------------------|-------|---------|---------|
| Fractionated Coconut + Aloe 4 oz | 17417 | R395.00 | R335.00 |
| Sweet Almond + Aloe 4 oz | 17617 | R310.00 | R250.00 |

DIFFUSER

| | | | |
|--|-------|----------|-----------|
| Serenity Diffuser Kit (includes instruction manual) | 99317 | R1750.00 | R1,350.00 |
|--|-------|----------|-----------|

Mission 5 MillionSM

Doing What's Right

Part of our belief in doing what's right involves bringing natural supplements to a world in need. It's why we've always been a company based on two things: the science behind our proprietary products and the passion to share them with the world.

Help Fight Against Malnutrition

Every time you purchase a product from Mannatech, you generate a monetary donation to the M5MSM Foundation, which is used to purchase PhytoBlendTM powder which is distributed worldwide through partner organisations. Our goal, through the Mission 5 Million movement, is to link five million consumers with five million children in need. It's as simple as sharing the M5M story with others. The more Mannatech product consumers you develop, the more children we impact. To be the change you want to see in the world, visit za.mannatech.com today.

Change Your World and
the World at the Same Time.



Our Commitment to You

Mannatech Customer Care

At Mannatech, our Associates are our most valuable asset. It's important to us to make every customer feel valued, special and an integral part of our success. That's why we want to be sure you know how to reach us. If you have any questions at any time, we are here to help.

Customer Care and Phone Order:

South Africa: 011 615 0188

0800-981-117 (after 4pm SAST)

Monday – Friday, 9:00 am – 5:00 pm SAST

Closed Saturdays and Sundays

Last Day of Business Period, 9:00 am – 12:00 am SAST

Email: custserv@mannatech.com | Fax: 011 615 8750 or 0800981113

For Online Orders and More: mannatech.com 24/7—Always

Our target-specific sites can provide more information for your individual audiences:

- **allaboutmannatech.com**—Read blog articles on a variety of health-related topics from Mannatech scientists, fitness experts and other individuals focusing on Mannatech products, general nutrition and living a healthy lifestyle.
- **mannatechscience.org**—Discover the sound, solid and intelligent science behind Mannatech products, including ingredient details, supplemental facts, literature reviews and benefit-based product studies.
- **Resource Library (library.mannatech.com)**—Contains product information, flyers, brochures and videos Associates can download and share with others. It's also the best place to find translations and materials available in other countries, including the Product Guide.

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Join the Mannatech Family Today!

We are committed to helping people achieve financial freedom and healthy lifestyles with our superb products. However, none of this happens without you. We are always looking for passionate people who want to earn more while helping those around them improve their overall wellness. Change your world and the world at the same time by joining our family today!

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CELEBRATE

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SAVE

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MEET

Hang out with like-minded people who share your passion for health and wealth.



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