

## Omega-3 with Vitamin D<sub>3</sub>

Inspired by Real Food Technology solutions, our **Omega-3 with Vitamin D<sub>3</sub>** provides the essential fatty acids your body needs to maintain good health, especially brain, heart and bone health.



Help support **cardiovascular and heart health**.

Help support **brain health and function**.

Help maintain a healthy **immune system** and support a **healthy inflammatory response**—a key contributor to good health.

Provide **support for healthy triglyceride levels** already within normal levels.

**Vitamin D is essential for calcium absorption.**

### A Fat Your Body Needs

There are good fats and bad, but omega-3 fatty acids are a fat that you absolutely must have. Did you know that adding omega-3s to your diet has been identified as one of the 12 modifiable behaviors that can contribute to increased longevity?<sup>†</sup> Doctors, scientists and nutritionists all agree: omega-3 is crucial for wellness. No wonder it's the number-one selling supplement in the U.S. for brain and heart health.

<sup>†</sup>Danaei, G., Ding, E.L., Mozaffarian, D., et al. The preventable causes of death in the United States: comparative risk assessment of dietary, lifestyle, and metabolic risk factors. *PLoS Med* 2009; 6(4): e1000058.

## Omega-3 with Vitamin D<sub>3</sub>

Omega-3 is considered essential because the body can't produce it—you can only get it from diet or supplements. Mannatech's Omega-3 with Vitamin D<sub>3</sub> is the best choice, with:

**Over 1,000 mg** of highly concentrated EPA and DHA per serving.

**Made** from one of the highest-quality fish oils available, for ultra-purity.

**Pleasant** lemon flavor in an easy-to-swallow gel capsule.

**8.2 mcg** of vitamin D<sub>3</sub>, a natural and preferred source of vitamin D.

Omega-3 with Vitamin D <sub>3</sub>	Product Number	Member Price	Associate Price
60 Capsules	16617	R326	R310

#### Each capsule contains:

Fish oil concentrate	1050 mg
Omega-3 Fatty Acids	555 mg
EPA (Eicosapentaenoic Acid)	330 mg
DHA (Docosahexaenoic Acid)	225 mg
Vitamin D3	4,1 µg

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**DOSAGE AND DIRECTIONS FOR USE:** Take two capsules daily with 250 mL of water or other liquid. To be used in conjunction with a normal, healthy, balanced diet and moderate exercise.

*Please read the product labels for detailed information.*

