

## Omega-3 with Vitamin D<sub>3</sub>

Inspired by Real Food Technology® solutions, our **Omega-3 with Vitamin D<sub>3</sub>** provides the essential fatty acids your body needs to maintain good health, especially brain, heart and bone health.\*



Helps support **cardiovascular and heart health**.\*

Helps support **brain health and function**.\*

Helps maintain a healthy **immune system** and support a **healthy inflammatory response**—a key contributor to good health.\*

Provides **support for healthy triglyceride levels** already within normal levels.\*

**Vitamin D is essential for calcium absorption**.\*

### A Fat Your Body Needs

There are good fats and bad, but omega-3 fatty acids are a fat that you absolutely must have. Did you know that adding omega-3s to your diet has been identified as one of the 12 modifiable behaviors that can contribute to increased longevity?† Doctors, scientists and nutritionists all agree: omega-3 is crucial for wellness. No wonder it's the number-one selling supplement in the U.S. for brain and heart health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Omega-3 with Vitamin D<sub>3</sub>

Omega-3 is considered essential because the body can't produce it—you can only get it from diet or supplements. Mannatech's Omega-3 with Vitamin D<sub>3</sub> is the best choice, with:

**Over 1,000 mg** of highly concentrated EPA and DHA per serving.

**Made** from one of the highest-quality fish oils available, for ultra-purity.

**Pleasant** lemon flavor in an easy-to-swallow gel capsule.

**830 IU** of vitamin D<sub>3</sub>, a natural and preferred source of vitamin D.

\*Danaei, G., Ding, E.L., Mozaffarian, D., et al. The preventable causes of death in the United States: comparative risk assessment of dietary, lifestyle, and metabolic risk factors. *PLoS Med* 2009; 6(4): e1000058.

| Omega-3 with Vitamin D <sub>3</sub> | Product Number | Member Price | Associate Price |
|-------------------------------------|----------------|--------------|-----------------|
| 60 Capsules                         | 16601          | \$29.82      | \$28.25         |

| Supplement Facts                                     |                    |               |
|--|--------------------|---------------|
| Serving Size 2 capsules<br>Servings Per Container 30 |                    |               |
|  | Amount Per Serving | % Daily Value |
| Calories   | 20                 |               |
| Calories from Fat                                    | 20                 |               |
| Total Fat  | 2 g                | 3%*           |
| Cholesterol  | 3 mg               | 1%*           |
| Vitamin D <sub>3</sub> (as cholecalciferol)          | 830 IU             | 208%          |
| Omega-3 Fatty Acids                                  | 1110 mg (1.11 g) † |               |
| EPA (Eicosapentaenoic Acid)                          | 660 mg             | †             |
| DHA (Docosahexaenoic Acid)                           | 450 mg             | †             |

\* Percent Daily Values are based on a 2,000 calorie diet  
† Daily Value not established.

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**Other ingredients:** Purified fish oil concentrate, Kosher gelatin, glycerin, water, natural lemon flavor, mixed tocopherols (antioxidant to preserve freshness).

**Contains:** Anchovies and sardines.

**Recommended adult use:** Take two capsules once daily with 8 fl oz water or other liquid.

*Please read the product labels for detailed information.*

