

 **Weight + Fitness**



Em•Pact® Pre-workout Sport Drink

PRODUCT CODE #19302



GLUCOSE FREE



GREAT CITRUS FLAVOUR



CAFFEINE FREE

ABOUT EM•PACT PRE-WORKOUT SPORT DRINK

Em•Pact Pre-Workout Sports Drink mix is a pre-exercise drink (PRX) formulated specifically to help provide biochemicals for your body to increase oxygen uptake capacity, aiding the body's natural energy production during a workout or athletic event.

The energy and endurance formula in Em•Pact is a great-tasting citrus-flavoured powder that works to maximise your energy production and improve your athletic endurance. Unlike popular, glucose-laden sports drinks that offer minimal benefits and trigger the release of insulin, Em•Pact has been clinically shown to help increase oxygen uptake capacity.

FEATURES

- Great Citrus Flavour Caffeine Free
- Targeted PRX Formulation Glucose-Free
- Product of Australia



BENEFITS

- Helps support the body's natural recovery process
- Helps increase stamina and endurance
- Supplement and aids the body's natural energy production during a workout or athletic event
- Supports the body's natural physiology prior to a workout or athletic event

RECOMMENDED USE

ADULTS: Mix one level 15ml tablespoon (14g) with 250ml of water 15-20 minutes prior to exercise routine. Additional dosage may be taken during workouts extending beyond one hour. **USE ONLY AS DIRECTED.**

Seek professional advice before long-term use.

INGREDIENTS

Each 14 g (one level 15 mL tablespoon) contains: Proprietary plant polysaccharide blend* (Aloe barbadensis inner leaf juice dry, tragacanth, ghattigum), fructose, creatine monohydrate, calcium citrate hydrate, magnesium aspartate, magnesium gluconate, potassium aspartate, potassium gluconate, choline bitartrate, lecithin. Also contains anhydrous citric acid, caprylic/capric triglyceride, lemon oil, colloidal anhydrous silica.

