



# TruPLENISH™ Surpasses the Competition

**No other shake helps support your fat loss like TruPLENISH.†**

Featuring 20 grams of plant-based protein to keep you full, Glyconutrients and minerals to keep you healthy and fiber to keep your digestion on track, our TruPLENISH Nutritional Shake is a naturally sourced meal replacement that's the only choice when wanting to lose fat and shape a New You.†

- Helps maintain lean muscle.\*†
- Helps reduce feelings of hunger and increases satiety.\*
- Promotes healthy fat loss.\*†



## The Competition Doesn't Measure up to TruPLENISH Nutritional Shake:\*\*

									
WHAT'S INSIDE:	Mannatech TruPLENISH Shake	Isagenix IsaLean® Shake	Beachbody Shakeology®	Herbalife Formula 1®	Plexus P96	AdvoCare Meal Replacement Shake	USANA French Vanilla Nutrimeal™	ViSalus™ Vi-Shape	SlimFast®
Whey/dairy free	✓								
Soy free	✓	✓							
100% plant based (vegan)	✓								
At least 20 g of protein per serving	✓	✓		✓		✓			✓
At least 5 g of fiber per serving	✓	✓				✓	✓	✓	✓
Less than 20 g of carbohydrates per serving	✓		✓		✓			✓	✓
Less than 5 g of fat per serving	✓		✓	✓	✓	✓		✓	
Contains Glyconutrients	✓								
Less than 250 mg of sodium per serving	✓	✓	✓		✓	✓		✓	✓
Grams of sugar	5	11	7	3	0	12	18	1	1
No artificial sweeteners	✓	✓	✓		✓		✓		

\*This statement has not been evaluated by the U.S. Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

\*\*Competitor information obtained from product labels and/or product pages on company websites in January, 2017. Mannatech, Incorporated is not affiliated with the competitors or their products listed on the chart in any way.

†When used in conjunction with Mannatech's TruHealth System, which includes a reduced-calorie diet and regular exercise.

For more information, visit: [us.mannatech.com/products/weight-fitness/truplenish-nutritional-shake/](http://us.mannatech.com/products/weight-fitness/truplenish-nutritional-shake/)

For use in the U.S. only. 20113.0617



IsaLean Shake is a trademark of Isagenix International, LLC.; Beachbody Shakeology is a trademark of Beachbody, LLC.; Herbalife Formula 1 is a trademark of Herbalife International, Inc.; Plexus P96 is a trademark of Plexus Worldwide, Inc.; AdvoCare Meal Replacement Shake is a trademark of AdvoCare International, L.P.; USANA French Vanilla Nutrimeal is a trademark of USANA Health Sciences, Inc.; ViSalus Vi-Shape is a trademark of ViSalus Holdings, LLC.; SlimFast is a trademark of KSF Acquisition Corporation.